


Infinite Martial Arts - Adult Classes Schedule

MON	TUES	WED	THURS	FRI	SAT	SUN
Private individual and group lessons available by request						Japanese Ju-Jitsu Zen Budokai* 11:00am-1:00pm
					Kickboxing w/ Stef 11am-12pm	MMA/No Gi/Open Mat w/ Stef 11:30am-12:30pm
					Brazilian Jiu-Jitsu No Gi w/Stef 12pm-1pm	
Boxing Sparring - w/Fitz 5:30pm-6:30pm	Boxing w/ Stef 5:30pm-6:30pm	Boxing w/ Stef 5:30pm-6:30pm	Kickboxing w/ Stef 5:30pm-6:30pm	Brazilian Jiu-Jitsu w/Stef 5:30pm-6:30pm		
Boxing w/Fitz 6:30pm-7:30pm	Brazilian Jiu-Jitsu w/Stef 6:30pm-7:30pm	Women's Brazilian Jiu- Jitsu 6:30pm-7:30pm	Brazilian Jiu-Jitsu w/Stef 6:30pm-7:30pm			
Brazilian Jiu-Jitsu w/Stef 7:30pm-8:30pm	Taekwondo w/James 7:30pm-8:30pm	Brazilian Jiu-Jitsu w/Stef 7:30pm-8:30pm	Taekwondo w/James 7:30pm-8:30pm			
		Japanese Ju-Jitsu Zen Budokai* 8:00pm-9:00pm		Japanese Ju-Jitsu Zen Budokai* 8:00pm-9:00pm		

Location - 2849 Baker street except for Zen Budokai (Japanese Ju-Jitsu) classes which are at 2830 Baker street

* Zen Budokai is our partner school - find out more about their program at http://www.zenbudokai.com/ZBK_WP/

